



*Dr. Nancy*  
*Dr. Nancy Sutton Pierce*

**www.DrNSP.com**

# About Dr. Nancy



*“Sexy doesn’t have an expiration date.”*

Keeping intimacy hot & spicy for the long haul is Dr. Nancy’s professional and personal passion.

**Dr. Nancy Sutton Pierce** has an eclectic background, making her expertise truly unique. Her career as a registered nurse, health educator, sex & relationship author, radio talk show host, and yoga therapist fuels her passion as an international speaker, Clinical Sexologist, and Conscious Living Retreat Creator & leader. Under her Conscious Living Sexuality™ umbrella, she offers counseling, Intimacy Communication Coaching, and couples’ intimacy retreats.

“My most rewarding work is teaching about Designer Relationships, Sexuality, Intimacy Communication. These often include courses in The Art of Sensual Touch, and Exotic Lifestyle Travel Experiences. Watching men and women wake up to their birth right of a fulfilling sexual life, is like watching a sunrise – you never tire of the natural beauty and they are all unique.”

When not traveling the globe inspiring others, Dr. Nancy enjoys returning to her California home with her husband of over 30 years. Together, they have raised three children and now delight in “the dessert of parenting” as grandparents to six grandchildren. She is well-loved and respected as a healer, educator, and valuable resource in her community and beyond.

Dr. Nancy earned her Doctorate Degree in Human Sexuality from the Institute for Advanced Study of Human Sexuality in San Francisco, broadening her reach globally. She has taught Conscious Living Sexuality in China, Mexico, Jamaica, France, Spain, Italy, New York, Dallas, Atlanta, San Francisco, and Los Angeles. You can catch a glimpse of her Conscious Living Sexuality & Sensual Yoga Retreat on Kendra On Top (Season 4, Episode 12) and This is Life with Lisa Ling (Season 6, Episode 7).

Dr. Nancy is a frequent contributor to Sexpert.com, Cosmopolitan Magazine, MySexBio, and more. She is a featured Sexologist for Sexycises.com and stars in Nearly Naked Yoga on her YouTube channel, The Sex Host Dr. You can also tune into her live radio show, The Conscious Living Show, every Saturday and download the podcasts via iTunes and YouTube.

For more information on Conscious Living Sexuality™ or Dr. Nancy’s online press kit, media & public speaking reels, visit [www.DrNSP.com](http://www.DrNSP.com).

*Dear Friends and Colleagues,*

*I'd like to share my story with you.*

Since earning my degree in nursing in the 1980s, I've worked in many areas of healthcare: Oncology, Medical & Surgical, Orthopedics, Pediatrics, Urgent Care, Outpatient Diabetes Care, and my favorite, Obstetrics. I have always been passionate about helping people improve the quality of their lives in any way possible. My career has spanned over 40 years, transitioning from hospital nursing to outpatient care, then to a holistic approach through yoga therapy at my own Conscious Living Yoga Studio, and now to the field of Sexology.

As a health educator, I have used many media genres to share my knowledge and unique perspective on self-responsibility and the design of our lives. This has led me to write for numerous publications, create my own popular blogs, and host my own weekly radio program, The Conscious Living Show. I'm always learning and sharing what I learn – this is what fuels my passion.

In 2010, I explored my curiosity about the difference between erotica and pornography from a woman's perspective. I teamed up with a film producer and created the first Erotic Film Festival for women and the men who adore them (Erotikos). We included full feature films, shorts, documentaries, and music videos, all chosen by me to reflect a woman's perspective of erotica. The selected films represented 13 countries, with more than half from women. Zalman King, The King of Erotica, personally called us and was the first to submit a film. Sadly, he passed away seven months before our festival, where his life's work was honored, and his final film, *Pleasure & Pain*, won Best Picture.

The resulting serendipity from the film festival spawned relationships that would continue to influence my career. The primary person of influence was Dr. Ava Cadell. After a brief meeting, we knew we were kindred spirits, and she graciously agreed to be a judge for Erotikos. Dr. Ava introduced me to the world of Clinical Sexology and mentored my professional development. She played a crucial role in my pursuit of a Doctoral degree in Human Sexuality. I have had the privilege of working with Dr. Ava on many projects and have traveled with her as an assistant and colleague—both of which have been a delight and an honor.

The professional field of Clinical Sexology is the perfect arena to utilize all areas of my expertise, with the added spice of a comprehensive understanding of our collective and individual sexuality. As a holistic practitioner, I'm highly aware of the influential factors that either support or degrade our sexual fulfillment and freedom of expression. My education has deepened my compassionate, non-judgmental perspective of sexual proclivities and an even greater fascination for the wide spectrum of possibilities for human sexual experience and personal expression. I passionately bring this wisdom into my seminars, destination retreats, writing, counseling, and personal relationships.

“An Open Mind Is a Free Mind.”

Traveling the world and sharing my passion for passion is the best of all worlds for me. I am curious, interested, and motivated to be a part of positive change. Witnessing people awoken to their inner fire is what drives me to globalize Conscious Living Sexuality™. I appreciate the opportunity to help make shift happen. Audiences leave my seminars with renewed energy for living their authentic lives with a more compassionate, loving (yet spicy and fun) appreciation of their sexual personality and intimate relationships.

*With a Touch of Spice,*

**Dr. Nancy Sutton Pierce**



**Dr. Nancy Sutton Pierce, RN, E-RYT, DHS, ACS**

Founder and CEO

Conscious Living Sexuality™, Exotic Lifestyle Events™

Los Angeles, CA

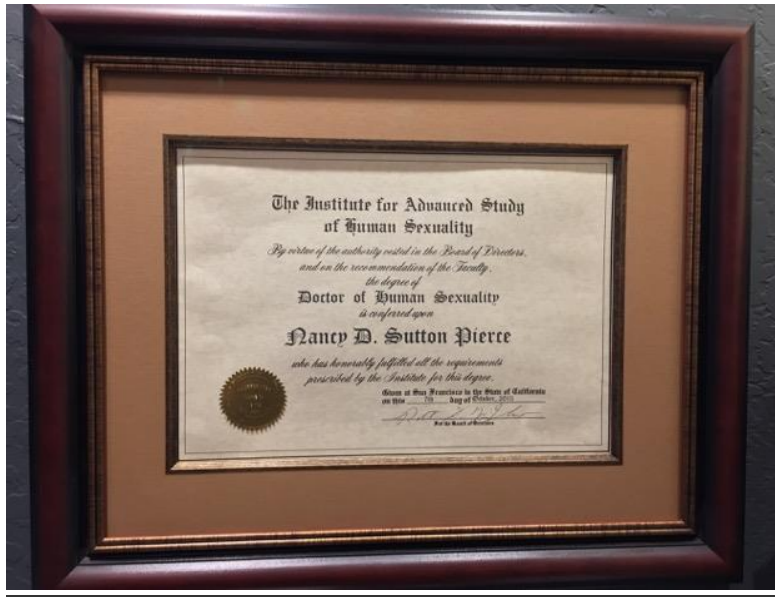
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website: [www.DrNSP.com](http://www.DrNSP.com)

**DR. NANCY SUTTON PIERCE ~ [WWW.DRNSP.COM](http://WWW.DRNSP.COM)**

# Education



**Institute for Advanced Study of Human Sexuality, Doctorate in Human Sexuality**  
October 2015.

**Institute for Advanced Study of Human Sexuality, Clinical Sexologist**  
June 2015.

**Institute for Advanced Study of Human Sexuality, Associate in Sex Education**  
January 2015.

**iRest Level I Certification, Richard Miller, PhD**  
Yoga based program for Pain Management & Posttraumatic Stress Disorder Treatment  
November 2009

**Structural Yoga Therapy Certification, Mukunda Stiles, Pasadena, CA**  
750 Hours; Yoga as an alternative to traditional physical therapy  
June 2005

**Iyengar Institute in San Francisco, CA- 100 Hour Certified Yoga Teacher**  
December 2002

**State Of California Board of Nursing – Certified Diabetes Nurse Specialist**  
June 1987

**Shasta College Redding, Ca – Degree in Registered Nursing**  
Licensed in California as a Registered Nurse since June 1983

# Professional Teaching Experience

## Spans from 2017 to Present (page 2)

### **Exotic Lifestyle Retreat**

Negril, Jamaica  
“Sexy Doesn’t Have An Expiration Date”  
Last week of June since 2021 & 2022

### **Desire Cruise – Nice to Barcelona**

“Sexycises”, “Making Consent Sexy”, “The Intimate Oasis”  
**September 2019**

### **Exotic Lifestyle Retreat**

Negril, Jamaica  
“Sexual Empowerment  
For Women & Those who Adore Them”  
**June 2019**

### **Valentine’s Intimacy Retreat**

Negril, Jamaica  
“Bringing Couples into Marital Bliss”  
**February 2019**

### **Ultimate Women’s Expo**

Atlanta, Georgia  
“Pleasure is Our Birthright”  
December 2018

### **The V Club**

New York City  
“Pleasure is Our Birthright”  
October 2018

### **Naughty in N’awlins 2018**

New Orleans, LA  
Intimate Design, Sex Through the Ages, Taboos & Fantasy

### **Exotic Lifestyle Retreat**

Negril, Jamaica  
“For Women & Those Who Adore Them”  
Last week of June since 2013

### **Seminar for MEN - 2018**

Redding, CA  
“A Guide for Men –  
10 Keys to Unlock Your Woman’s Sexual Desire”

### **Desire Cruise – Barcelona to Rome**

“Sexy Couple’s Yoga”, “How to Ask for What You Desire”,  
“Erotic & Sensual Touch”  
**2018**

### **Seminar for Women 2018**

Redding, CA  
“Your Yoni & You, To Thy Yoni Be True”

### **Naughty In LA-2017 West Coast Couples Cruise**

Los Angeles  
“Hot for The Long Haul”, “Taboos & Fantasies”, “Oral Skills”,  
and “You Can Last Longer”

### **Bliss Couples Cruise**

MIAMI  
“Hot for The Long Haul”, “Nearly Naked Yoga”, “You Can  
Last Longer

### **CatalystCon – LA**

“Sexy Doesn’t Have an Expiration Date”  
September 2017

### **Loving Space**

(By Rawfully Whole, Singapore)  
“Establishing Boundaries”  
June 2017

# Professional Teaching Experience

Spans from 1986 to 2016 (page 1)

## **SHE-NY & SHE-LA**

(Sexual Health Expo, New York and Los Angeles)  
“Orgasms after Hysterectomy or Clitorectomy”  
“Women’s Health Care Concerns”  
2016

## **Sexy Seminars for the Dr. Eros Group**

Los Angeles, China and San Francisco  
2015 – Present

## **Erotikos Film Festival**

Erotic Film Festival For Women and the Men Who Adour  
Them  
Creator, Curator, Producer, MC  
September 2012

## **Sensual Yoga Teacher & Sex Educator**

Hedonism III Resort- Runaway Bay Jamaica, Hedonism II  
Resort Negril, Jamaica,  
Desire Pearl Resort, Cancun, Mexico

## **A News Cafe**

A Digital News Magazine  
Sexuality Educator and Author of “As You Desire”  
Sex & Relationship Column  
2008-2014

## **The Conscious Living Show**

KCNR 1460 Radio – Free Fire Media Network  
Radio Talk Show Host & Health Educator  
2008 – 2018  
The Sexy Lifestyle Channel (Voice America)  
2018 - Present

## **House of Conscious Living Yoga**

Founding CEO, Yoga Teacher/Yoga Therapist  
Oct 2000 to Oct 2018

## **Klamath Hospital**

Introduction to the “Diabetes Tool Kit” that I designed.  
1992

## **Corporate Physician Education on Diabetes Management**

Eli Lilly, Inc. - Corporate Physician Educator –Out-Patient  
Diabetes Management  
West Coast USA - 1989-1999  
Pfizer, Inc. – West Coast USA 1989-1999

## **Mercy Family Practice Residency**

Physician Continuing Education on Diabetes Management  
1986 – 1999

# Organization Affiliations

## The American College of Sexologists

ACS

The American College of Sexologists (ACS) is a professional association that was incorporated in the State of California on June 9th, 1978 for the purpose of providing professional standards for the training and certification of Sexologists, and those institutions that offer training in Sexology, as well as providing recognition of the work of other professionals involved in the fields of Sexology and Erotology.

## AASECT

*American Association of Sexuality Educators, Counselors and Therapists*

*ASSECT is a not-for-profit, interdisciplinary professional organization. In addition to sexuality educators, sexuality counselors and sex therapists, ASSECT members include physicians, nurses, social workers, psychologists. Allied health professionals, clergy members, lawyers, sociologists, marriage and family counselors and therapists, family planning specialists and researchers, as well as students in various relevant professional disciplines. These individuals share an interest in promoting understanding of human sexuality and healthy sexual behavior.*

## International Association of Yoga Therapists

*Certified Yoga Therapist*

As a leader in the growing field of yoga therapy, IAYT is committed to advancing yoga therapy education, training, and research, and the professional development of its members.

The IAYT supports research and education in yoga and yoga therapy and serves as a membership-based, professional organization for yoga teachers and therapists worldwide. Learn more about our mission.

## Yoga Alliance

*E-RYT 500 Registered Yoga Teacher*

Yoga Alliance® is the largest nonprofit association representing the yoga community. Our mission is to promote and support the integrity and diversity of the teaching of yoga. With over 15 years of service to the yoga community, Yoga Alliance has a long and exciting history as a standards-setting organization. Learn about everything from our past presidents to our introduction of new standards and everything in between

## National Association of Professional Women

NAPW

Our vibrant networking community provides a personal forum for you to promote your business, product or service, share ideas and expand your network. NAPW local Chapters help make a difference in their communities and the world through monthly philanthropic initiatives that raise awareness of issues and causes impacting their communities and the world.

# *XBIZ Press Release*

## **Dr. Nancy Sutton Pierce to Present 'Intimacy and Sex Magic'**

**COMPANY PRESS**

Oct 27, 2016 1:40 PM PDT [See Online Version](#)

**BEVERLY HILLS, Calif.**— Dr. Nancy Sutton Pierce, a sex educator, sexologist and international speaker, will present a week-long [Exotic Lifestyle Retreat](#) event titled “Intimacy and Sex Magic,” to be held Feb. 11-18, 2017, in Jamaica.

Tickets for “Intimacy and Sex Magic” are now on sale and can purchased at [ExoticLifestyleEvents.com](#). Pierce and her husband Mark will team up with their friend, tantra master Laurie Handlers, will team up for the week-long event.

“I practice what I preach,” Pierce said. “From health to love, I live in the light of my true nature. I am far from perfect, which I embrace wholeheartedly, and am not afraid to laugh at myself. My imperfections and struggles make me who I am. I enjoy life to the fullest, taking every experience in and savoring it, and I’m committed to always keeping life spicy. Gratitude is what I feel each day for this stunning life I’m living.”

Pierce, a spokesperson said, “has an eclectic background, which places her expertise in a league of its own. The compilation of her career as a registered nurse, health educator, sex and relationship author, radio talk show host, and yoga therapist fuels her passion as an International speaker, sensuality educator, and as the CEO of Exotic Lifestyle Retreat Events.”

In addition to the Jamaica event, Pierce is currently putting together a West Coast cruise, tentatively slated for Oct. 2017 and leaving from a port in Los Angeles.

“All of Dr. Nancy’s events are adults only, clothing optional, and lifestyle friendly,” a spokesperson said.

Sutton is a frequent contributor to Sexpert.com as well as Cosmopolitan, NancySuttonPierce.com, AsYouDesire.net, and [www.ConsciousLivingYoga.com](#). She will be a featured sexologist within the upcoming 2017 release of the yoga/exercise/sexuality-inspired book and video project titled, “Sexycises by Sexperts – Yin/Yang Yoga for Intimacy”. <http://www.sexycises.com/>



# Rawfully Whole Press Release

## Dr. Nancy Sutton Pierce to Present “Establishing Boundaries”

June 7, 2017 1:40 PM

**SINGAPORE, [Dr. Nancy Sutton Pierce](#)** It is an honor for me to introduce Dr Nancy Sutton Pierce. I am grateful I met her at a time of great change in one of the most delicate areas of my life. Her breadth and depth of experience shines through every moment of my working with her. Her whole being expands beyond listening to be the loving, wise and inspiring guide and cheerleader on one's personal change journey. I found in her, a truly passionate soul who embodies living empowered living, who lives and breathes alignment with who she is at her core. Her visionary work as a holistic clinical sexologist and yoga therapist encompasses a wide range of intimacy contexts to promote healthful sexuality. Join us to hear her wisdom on establishing personal boundaries in facing or repelling harmful narcissistic behaviors and abusive situations!

Sunday June 11, 2017 @2pm-6pm  
The Black Box  
Goodman Arts Centre, Singapore.



Share, Showcase and Collaborate

presents

*Lovingspace*

*Lovingspace* is a project series in support of international families experiencing massive change.

Embrace the love that envelops us in our own protective bubble of light as we commune in the magical restorative swirl of feminine energy.

Witness the unravelling of stories yet untold, in person and through documentaries and books, unfolding in the collective experience to change our narrative for a future we desire.

This is an open invitation to all women. Thank you for supporting us with a donation!

<https://lovingspace.eventbrite.sg>

11 June 2017

2pm - 6pm

The Black Box, Goodman Arts Centre

AGENDA

14:00 - Welcome Keynote

14:30 - The "New" Domestic Violence

15:00 - Establishing Boundaries

15:30 - Kundalini Shakti

16:00 - Tea Treats!

16:30 - Dialogic Ways for Change

17:00 - Family Digital Detox

17:30 - Open Market Space

18:00 - Close

Sponsorship in cash or kind welcome.

Contact [rawfullywhole@gmail.com](mailto:rawfullywhole@gmail.com) or Whatsapp 9008 3072.



NanosArte  
Create | Connect | Celebrate



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<https://lovingspace.eventbrite.sg>

DR. NANCY SUTTON PIERCE ~ [WWW.DRNSP.COM](http://WWW.DRNSP.COM)

# Testimonials

## *What Dr. Nancy's Clients, Colleagues & Fans Have To Say*

"I can clearly state that Dr. Nancy Sutton Pierce has helped to bring her expertise as a sexologist, nurse and yoga instructor to educate the masses with her vibrant personality. Her presentations are always filled with interactive audience participation and lots of take-home value for enhancing relationships and expanding sexual horizons."

**Dr. Ava Cadell, Author, Speaker & Founder of [LoveUniv.com](http://LoveUniv.com)**

"Dr. Nancy came into my life at exactly the right time, as I was just beginning to explore a brand-new area of my sexuality for the first time. She offered me the advice and counsel of someone who really cared and who went out of her way to offer various ideas that were brand new to me and to my 60 years of thinking. She helped me embrace my new sexual interests and suggested that I seek like-minded people who were interested in what I was doing, and to develop a "community" in which to share my new-found interests. I will be forever grateful to her for her confidentiality and the empathy and interest she took in me while I started my new life journey into an area of my life previously unforeseen!"

**DAN, 60, Public Relations Executive, Beverly Hills, CA**

"Nancy is one of the most intelligent woman I know. A great soul and a great teacher!" Cheers!

**Bradden Alexander, CEO Canadian Playboyz & Club Eden, Calgary, Canada**

"Dr. Nancy is amazing. As a videographer, I've witnessed many people lecture to large groups, but I can't think of anyone more dynamic and loving than Nancy. After seeing Nancy speak to 300+ women in China, the line afterwards to meet and greet her was wrapped around the building. Nancy has the most open and loving energy that just intoxicates a crowd."

**Robert James, Producer/Director – NuReality Productions**

"Great insights and honest which the world is in dire need. IMHO that is 😊."

**Vi Dalian, Fan**

"I've worked with Dr. Nan for a few years and every year gets better and better. She always meets and rises above my expectations every time. I would recommend anyone to work or join her on any of her ventures she has. What has started as a great business opportunity grew into a wonderful extended family."

**Frank Krave - Entertainer**

Oh man! How do I even begin to express what I've learned from Dr. Nan? She has taught me so much about myself and about life all around! Coming into the exotic lifestyles group I didn't know what to expect, but after a class of Hedon 101. I was ready to take on the challenge of getting to know myself better and others! I look forward to leaving the country with her and the rest of the group as much as I can possibly handle! Going from being a lifestyle virgin to being the social butterfly I have become! . I'd pay extra Money just to travel with Dr. Nan... Ok I'm done telling you all how wonderful she is... And how great Hedon is too. You won't know until you go!! Over and out.

**Trisha Mailei, ELR Repeat Travel Client**

Nancy is unique in her ability to address topics that most shy away from in a way that is empowering and inspiring. She's touched so many people already & is just beginning. If you want to get to know yourself better & enjoy life more I strongly encourage you to check out her programs!

**Steve McGough - Director of R&D at Human Innovations, LLC**

My wife and I met Nancy at a conference for sex educators in New York a couple of years ago. We found her to be very open minded and affirming to people trying to learn about sexual techniques that can improve a marriage or relationship. I highly recommend her for those that seek advice that is mainstream or on the edges.

**John Kamp, MD, MPH**

## TESTIMONIALS (cont.)

I have participated in many events over the past few years. Each event gets better! Nancy has an amazing personality and genuinely cares about the guests in attendance. She provides a safe environment that is full of fun. I highly recommend attending her events. You will leave with a renewed sense of yourself and some new, crazy (in a good way) friends!

**Kisha – Repeat Event Guest &**

### Hostess

As many of the other reviews will state, Dr. Nan is simply one of the most professional, accepting, knowledgeable and positive individuals I have ever had the honor to meet. In the past few years, I have had the pleasure to accompany Exotic Lifestyle Events on not only one, but two trips to Hedonism II! Both times were absolute paradise! Dr. Nan makes booking your trip with Exotic Lifestyle Events quick and easy and provides an array of classes/excursion during your stay to keep you entertained and titillated! Not only does Dr. Nan take great care in creating a safe, fun and sex positive environment, she is always willing to help answer any questions related to her field of study. I highly recommend **all** her events, especially her Intimacy & Sex Magic Retreat which she **hosts during Valentine's week**. If you are looking to book a trip that will ignite your mind, body and soul book through Dr. Nancy and Exotic Lifestyle Events - you WILL NOT be disappointed. ❤️

**Kay York, Repeat ELR Guest**

I follow your posts and love seeing your videos. Aside from being a very beautiful lady, you are very classy, educated and very sincere. The thing I love most about you is your honesty and openness. You're not judgmental of others and you always seem to respect others who have differing opinions. Anyone can look good, but you have special traits; nice, positive attitude, educated, etc. Although I find you intriguing, I love hearing about your view points. I may not have a more open lifestyle, yet I respect and agree with a lot of what you say – and boy does all that make you incredibly intriguing! I'm not sure I will have the freedom to find happiness like you seem to have found, and no I'm not unhappy with my life, but I do enjoy living vicariously through you at time.

**Your Fan, AB**

I am deeply grateful to have met Dr. Nancy in 2015. She has been a dear coach and mentor to me. Her support during times of great change in one of the most delicate areas of my life has been Godsend. Her breadth and depth of experience shines through every moment of my working with her. Dr. Nancy's being expands her capacity beyond listening and facilitating personal growth, to being a loving, wise and inspiring helper and companion on one's transformation journey. I have found in her, a truly passionate soul who is a spot-on embodiment of living in alignment and flow. I am hugely honored to be part of her leading edge, visionary work, that encompasses a wide range of intimacy contexts including promoting a healthy balance of feminine and masculine energies.

**Adele M Lim**

*Change Catalyst and Author of Live Your Whole Capacity: How to tap into and grow unknown potential in your life*

Dr. Nancy Sutton Pierce has a very successful radio show on our station. Her show is filled with new perspectives that clearly interest a significant portion of our listeners. Her infectious humor, wit and ability to interact with numerous personalities clearly sets her aside from most. Dr. Nancy has a loyal audience based on her common-sense approach to ascertaining and quickly solving complex problems. Additionally, she is truly a singular woman who enjoys success in her personal and professional life and brings others to success.

**Carl Bott – Owner at Free Fire Media Inc. / KCNR 1460 AM**

Oh My... Exotic Lifestyle Events are all about having fun, enjoying life without criticism and judgement. It's a time you can learn so much about yourself and how to be comfortable and accepting of yourself as the person you are. I not only had an amazing experience, I learned a lot about myself and I walked away with so much more knowledge and understanding than when I walked in.

**Y.C.**

# Conscious Living Sexuality™

## Seminars & Workshops

*All presentations are customized and can be as short as 10 minutes, or as long as one week.*

### WORKSHOPS For Couples

**Kama Sutra Intimacy Oasis** – Creating an Oasis of Safety to reveal personal truths, desires, fantasies and more! A life changing experience!

**Sexual Taboos** – Rethinking Old Thinking

**Sexual Fantasies** – Creative Role Play

**Tantra Now** – Bringing Ancient Teachings Into Current Times

**50 Shades of Fun** – BDSM 101

**Toys aren't Just for Kids** – Navigating the adult toy market

**The Power of Human Touch** – Learn how both you and others desire touch.

**As You Desire** – How to know, and then ask for what you want

**Hot for the Long Haul** – Play Together, Stay Together

**Sexual Appetite Mismatch** – How To Negotiate and Thrive –

**Getting Out Of Your Sexual Rut** - Creative Adventure Dates

**Intimacy & Sex Magic** – A Retreat Weekend for Couples

**Designer Relationships** – Consensual Monogamy and Consensual nonmonogamy. Are we making conscious agreements?

**Surviving and Thriving After An Affair** – Healing and honoring the process and understanding on a deeper level human nature and how to navigate sexuality through the years.

**Jealousy** – How to deal with your own feelings and work through them with your partner.

### WORKSHOPS For Large Groups

**Sexual Healing After Trauma** – Survive and Thrive

**Sexual Taboos** – Rethinking Old thinking

**Sexual Fantasies** – Creative Role Play

**Children's Sexual Rights** -Adults In Training- Great for parents

**Tantra Now** – Bringing Ancient Teachings into Current Times

**Staying Close During & After Illness** – Intimacy Magic

**Sexual Confidence** – Learn New & Fun Skills to improve your sexual confidence

**Am I Normal** – Who is deciding this for us? How to avoid the media pressure

**Human Sexual Rights** – A Compassionate Perspective of Sexuality

**The Secrets of the Best Lovers** – Bring a note book!

**Sexual Appetite Variations** – Hone your Partner Picker

**"10 Keys to Unlock A Woman's Sexual Desire"** – Dr. Nancy's Book and the unwritten Secrets.

**Intimacy and Communication** – How to express and accept each other's wants, needs and wildest desires without feeling threatened.

**As You Desire** – How to know, and then ask, for what you want in a way that will be received wholeheartedly.

**Jealousy** – How to deal with your own feelings and work through them with your partner.

### WORKSHOPS For Women

**Common Sexual Health Issues** - Discussing the common Five and empowering solutions.

**Sexual Communication** – How to know what you want and then ask for it.

**Masturbation as Your Teacher** – Learning through self-pleasure.

**Oral Skills Workshop** – The Art of Fellatio – What men want women to know

**Am I Normal** – What happens when we don't know what normal is? How to combat the media's influence. Teen girls (13+) welcome with an adult.

**Sensual Movement & Seducing Your Mate** - Finding the Cleopatra within.

### WORKSHOPS For Men

**Common Sexual Health Issues** Discussion of the most commonly report issues and empowering solutions

**You Can Last Longer** – Learning how to Edge and Extend both your and your partner's Pleasure.

**Oral Skills Workshop** – The Art of Cunnilingus – What women want you to know.

**Am I Normal?** – What happens when we don't know what normal is? How to combat the media's influence. Teen boys (13+) welcome with an adult

**The Art of Erotic Touch** – Sensual Touch Techniques that will weaken the knees of the most powerful of women.

### WORKSHOPS For Singles

**Hormonal Beer Goggles** – For Singles or newly in love.

**Am I Normal?** - What happens when we don't know what normal is? How to combat the media's influence

**Sexual Appetite Variations** – Hone your Partner Picker

**The Secrets of the Best Lovers** – Bring a note book!

**Sexual Healing After Trauma** – Survive and Thrive

**Masturbation is Healthy!** – Debunking the myths and enlightening on the benefits of learning the art of self-pleasure.

### WORKSHOPS For Teens

*Age 13-17 w/parental consent*

**Human Sexual Rights** – Understanding your rights and your responsibilities.

**Am I Normal?** - What happens when we don't know what normal is? How to combat the media's influence

**Porn Is Entertainment NOT Education** – Understanding the difference between Sexual entertainment and Sex education. Open, frank discussion.

**Masturbation is Healthy!** – Debunking the myths and enlightening on the benefits of learning the art of self-pleasure.

**Consent** – Using the "Cup of Tea" analogy and group role play.

# Conscious Living Concepts

## Seminars & Workshops

**Dr. Nancy shares her keen intuition for new approaches to common concerns.**

*Integrating common sense, science, knowledge, wisdom, love, non-judgment, honesty and a dose of humor*

Dr. Nancy is available for large and small group conferences where a new perspective on tough life issues is needed. She uses wisdom, hope and empowerment tools to face the subjects we all struggle with; health, sex, love, relationships, transitions & much more!

### Topics include:

- Reconnecting to your body through breath and movement
- Opening the heart to release suffering and receive joy
- Understanding the complex connection between thoughts, beliefs, feelings & stress.
- "You Are What You Think".
- Rewriting the "Story Of You".
- Finding Your Bliss in the Midst of the Muck
- How to find, connect to and listen to your Inner Teacher
- Communication 101 - Creating A Communication Bubble
- Communication 102 - The Art of Listening
- Communication 103 – The Art of Being Truthful
- How to Locate Your Authentic Self - And then what?

Please [send an email](#) for more information and to schedule Dr. Nancy for your next conference. For the past 30 years' audiences have left her sessions empowered and equipped with powerful life tools they could immediately implement and instantly measure their personal successes.

One participant stated, "*I finally began to know the real me, and was able to make positive changes in my life I had always wanted but never able to do until now*".

# Lecture Venues



**The Ultimate Women's Expo**  
*Atlanta, Georgia*

**The V Club**  
*New York City*

**CatalystCon**  
*Los Angeles*

**Loving Space  
By Rawfully Whole**  
*Singapore*

**Sexual Health Expo**  
*New York NY*  
*Los Angeles, CA*

**Beverly Hills Women's Club**  
*Beverly Hills, CA*

**Institute for Advanced Studies of Human Sexuality**  
*San Francisco, CA*  
*Los Angeles, CA*

**Dr. Eros Group**  
*Beijing, China*  
*Guangzho, China*  
*Hainan, China*  
*Hangzhou, China*  
*Los Angeles, CA*  
*San Francisco, CA*

**Hedonism Resort**  
*Hedonism III - Runaway Bay Jamaica*  
*Hedonism II - Negril, Jamaica*

**Desire Pearl Resort & Spa**  
*Cancun, Mexico*  
*Desire Cruise*

**Temptation Resort & Spa**  
*Cancun, Mexico*

**Couple's Lifestyle Cruises & Conferences**  
*Couples Cruise, Bliss Cruise, Desire Cruise*  
*Naughty N'Nawlins*

# Publications

## A News Cafe

[As You Desire Column](#)  
[As You Desire Blog on DrNSP](#)

## Cosmopolitan Magazine

[11 Anal Play Tips from The Experts](#)

## Hello Giggles

[Everything You Always Wanted to Know About Inverted Nipples](#)

## Cosmopolitan Magazine

[5 Things You're Doing Wrong When You Masturbate](#)

## Sexual Health Magazine

[Sexycises by Sexperts Pg. 26 -28](#)

[Celebrating Sexual Diversity Pg. 32-34](#)

[Dr. Nancy Sutton Pierce – Exotic Lifestyle Events Pg. 77](#)

## XBIZ PREMIER Magazine

[Sexycises by Sexperts Pg. 18](#)

[Dr. Nancy Sutton Pierce to Present Intimacy & Sex Magic Pg. 20](#)

## LA WEEKLY Magazine

[What we learned from the Sexperts at SHE-LA](#)

## A Guide For Men-

*10 Keys to Unlock Your Woman's Sexual Desire*

### E-Book

By Dr. Nancy Sutton Pierce

## Exotic Lifestyle Retreat in Jamaica

Published in Sexpert.com

By Dr. Nancy Sutton Pierce

## Sexycises by Sexperts

Yin Yang Yoga for Intimacy Building

By Dr. Ava Cadell

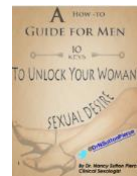
[Dr. Nancy is one of the featured Sexperts](#)



HELLO GIGGLES



LA WEEKLY



# Social Media

PROFESSIONAL



*The Conscious Living Sexuality Radio Show*



*As You Desire – Sex & Relationship Column*



*Kendra On Top TV Show*

*Season 4 Episode 12*



*This is Life with Lisa Ling CNN Original Series*

*Season 6, Episode 7*



MEDIA



# Media Links

## Meet Dr. Nancy Sutton Pierce



Hello, I'm Dr. Nancy Sutton Pierce

Dr. Nancy Sutton Pierce is a Clinical Sexologist, Registered Nurse, Yoga Therapist, Television & Radio Personality, International Speaker, Sensual Humanist &...

[YOUTU.BE/ZIC2GNPX\\_2E?A](https://youtu.be/ZIC2GNPX_2E?A)

## Nearly Naked Yoga – You Tube



## Sexycises by Sexperts



## The Wild Women With Wine Show

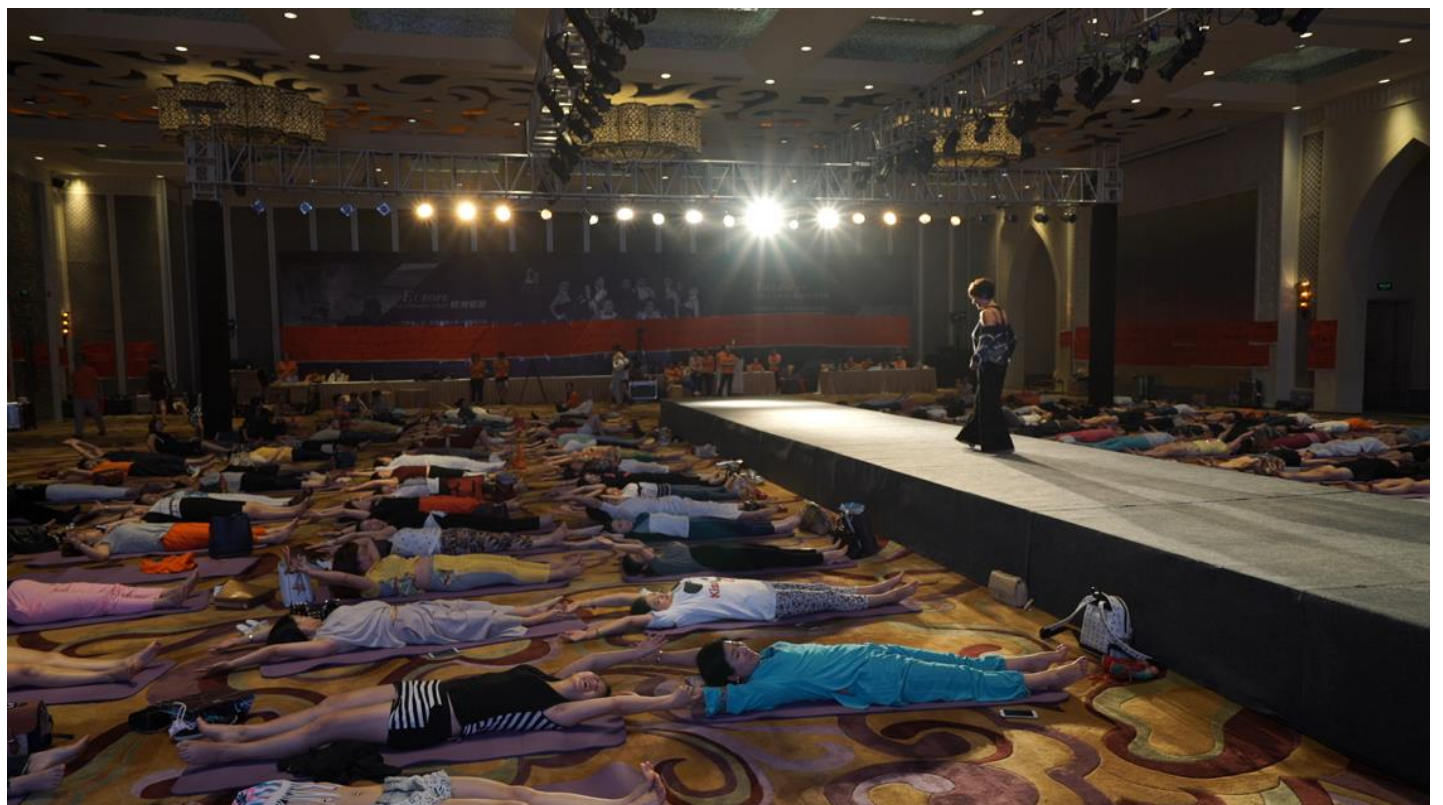


## This is Life with Lisa Ling



# Photo Gallery







DR. NANCY SUTTON PIERCE ~ [WWW.DRNSP.COM](http://WWW.DRNSP.COM)



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# SHE

sexual health expo

**FEB 4-5**  
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**Dr. Nancy Sutton Pierce**

**Symon Murray**



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