



(Counseling a lovely group of women in China)

Dr. Nancy Sutton Pierce, Clinical Sexology Practice

Dr. Nancy Sutton Pierce is a renowned counselor and the creator of Conscious Living Concepts™, which includes Conscious Living Yoga™, the Yoga To Go™ Series, The Conscious Living Show™, and Conscious Living Sexuality™ Intimacy Coaching. With over four decades of experience in healthcare, Dr. Nancy began her career as a registered nurse, specializing in obstetrics and women's health & education. Her passion for helping others led her to establish a successful outpatient diabetes education center, where she provided specialized care for 13 years.

Dr. Nancy's clinical sexology and life coaching counseling practice is at the heart of her work now. As a Certified Yoga Therapist and a Doctor of Human Sexuality, she offers a unique blend of western medical expertise and eastern philosophies to guide her clients toward holistic wellness. She specializes in working with individuals and couples to enhance their intimate relationships, communication skills, and overall well-being. Her innovative “Yoga Date Nights” for Couples are designed to rekindle romance and improve sensual and sexual communication. She also creates and guides a variety of retreats for those who desire a deeper dive into creating the designer life each person desires.

You'll find in the archives of her decade of hosting the weekly radio show, “The Conscious Living Show,” and her in her current writings & open forum discussions on her [Patreon](#), Dr. Nancy provides practical advice and support to people worldwide. Her compassionate, non-judgmental approach creates a safe space for clients to explore their sexuality and live an authentic, fulfilling life without shame or guilt.

[Learn More...](#)



Couples' Intimacy Building Yoga
(Filming with Hank Baskett & Kendra Wilkinson)