

DAY/DATE	TIME	ACTIVITY	LOCATION
2021 THEME - "Sexy Doesn't Have an Expiration Date"!			
SATURDAY	THEME	SEXY SPORTS NIGHT (ELR GUESTS CAN ADD SOME FISHNET for FUN)	
JUNE 26		Guest Arrival Day	
	11 - 3p	WELCOME COCKTAILS AND MINGLING	Main Dining
	6-7 PM	MEET & GREET! ELR LIFE 101-105 - Introductions and setting our intention for the week! PRIZES!	Kama Sutra Palace
	10p	ELR CREW & Entertainer Introduction. (followed by the Hedo Party in the Courtyard!)	Main Stage
SUNDAY	THEME	CALL OF THE WILD. (Animal Print)	
June 27	11a-12n	PLAYSHOP & ELR Sexy Circle first followed by - "Get back into your body" Sensual Yoga with Dr. Nan (<i>No Yoga Experience Required</i>)	Kama Sutra Palace
	2 - 4 pm	Pool Party and beach with Jason's group shenanigans	Prude Beach Pool
	4-6 pm	Nude Pool PARTY CRASHERS	Nude Pool
	8pm	Group Dinner Main Dining	Main Dining
MONDAY	THEME	MERMAID & TITAN	
JUNE 28	TBA	Each Host will take small group to work out, walk the beach, go kayaking, paddle boarding, etc. ASK THEM ABOUT THEIR SIGN-UP SHEETS!	TBA
	11:30a - 12:30p	COUPLES' KAMA SUTRA INTIMACY OASIS INTRODUCTION - Preregister with Dr. Nan by Sunday 5pm You don't want to miss this!!	Kama Sutra Palace
	2-4	NUDE POOL PARTY	NUDE POOL
	7 - 10p	Beach Party Dinner & Entertainment (find our ELR group tables). Weather permitting	Prude Beach
TUESDAY	THEME	BARE AS YOU DARE - GLOW PARTY (Bring You Blinking Glowing Fun Wear!)	
JUNE 29	10a-1p	CATAMARAN TO CAVES - Clothing Optional (\$65.00 - includes food and drinks on boat) Sign up at Excursion desk under ELR GROUP	Dock by 10:15am
		FREE AFTERNOON	
	7 - 9pm	*ELR SIGNATURE SENSORIUM EXPERIENCE. Explore sensory delights with each 2-person team from our ELR Entertainers who take you through an erotic, consensual, enthralling experience in the midst of the beautiful surroundings of the Spa Aqua courtyard. Not to be missed! It's empowering!	PLAYROOM
WEDNESDAY	THEME	LEATHER & LINGERIE- ELR GROUP- ADD SOME HOT PINK!	
JUNE 30	11 - 12:30pm	PLAYSHOP & ELR Sexy Circle followed by YOUR YONI & YOU - Learn Ancient Secrets of Female Sexual Pleasure and tips on driving her wild with sensual delights!	Kama Sutra Palace
	2-4p	ERTOIC CARNIAVAL BEACH PARTY (Ronne's Game Day!). Tribal body Painting contest, obstacle course, dunking for dildos, Strap On Ring Toss, and MORE!	Prude Beach Pool
	10pm - Midnight	SPECIAL EROTIC/EXOTIC TALENT SHOW - featuring the ELR Exotic Entertainers! For Everyone! "The More You Tip, The More They Will Entertain!"	Kama Sutra Palace
	1AM til?	NUDE POOL/HOT TUB AFTER PARTY	NUDE POOL
THURSDAY	THEME	WHITE PARTY!	
JULY 1	FREE MORNING!	Take an excursion, sleep in late enjoy a beach walk!	
	3-7p	OFF SITE EXCURSION! Rick's Café & Bar - Cabana Party, Cliff diving, Booty Shaking and more! Includes appetizers, two drinks. Pay in advance of trip \$55 pp; Paid on site during ELR \$65pp SIGN UP by Tuesday noon! We need accurate headcount for bus, food/liquor order!	Lobby
	9p	Hedonism guest Talent Show - Sign up and we will cheer you on!	Main Stage
	10:30p	TOGA FOAM PARTY (Ice Rink outside next to Disco)	Ice Rink
FRIDAY	THEME	GLAM NIGHT! (Dress to Impress)	
JULY 2	11a-12:30p	CLOSING CIRCLE - Final 2021 ELR Sexy Circle! Please join the Crew w/Dr. Nan in a Closing Circle of appreciation- Everyone Encouraged to Attend.	Kama Sutra Palace
	1:30-3pm	LUNCH ON THE ISLAND (\$\$)	Meet at Dock
	4-6	NUDE SIDE TAKEOVER: Dare to Be Bare - Test your clothing optional desires!	Nude Pool
	9p	Rock Star Show and Let's Dance our Asses off!	Main Stage
	10pm	Farewell Bonfire (Weather Permitting) GROUP CLOSING Ceremony Then join in at the Courtyard Party!	TBA
SATURDAY	July 3	FAREWELL UNTIL 2022	



We hope to see you next year!
June 25 - July 2, 2022
 Book 2022 for only 5% Deposit thru 8/3/21



Follow ELR on [Instagram](#), [Facebook](#) & [Twitter](#)!
 With Dr. Nan



Dr. Nancy Sutton Pierce, RN, DHS
Board Certified Clinical Sexologist

Conscious Living
Sexuality

About Dr. Nan – Exotic Lifestyle Retreat CEO

Creating sexy events at Hedonism for more than a decade has been a passion of Dr. Nan's. Hedo was a life expanding experience for her, and she vowed to share that opportunity with women, and the men who adore them, from that moment on.

Earning her Doctorate in Human Sexuality was inspired by her Hedo experiences and the desire to have a greater and more compassionate understanding of the human sexual mind and broad range of desires. Since she transitioned from being an RN and Yoga therapist to Sex Doctor, Dr. Nan alternates between her private practice & traveling internationally teaching others how to find their authentic voice to create the life they desire without shame, guilt or apology.

We hope you take advantage of this opportunity to enjoy the sexy seminars, yoga, and other unique playshops Dr. Nan has planned for you. It's all about merging what is exotic/erotic, with learning and growing and wild uninhibited Hedo style fun!

Exotic Lifestyle Retreats are built upon the belief that women deserve to be honored and must learn to love themselves as they are, only then can they teach others how to treat them. We can set a new example for womankind – when we change how we treat and love ourselves, we change the world!

*ELR SENSORIUM

ELR SENSORIUM™

Our signature ELR Experience that is empowering, healing, loving, exciting, inspiring and more! Each step is offered and then decided by you. You control the entire experience.

This is all about you allowing yourself to receive love.



Our ELR Crew, in two-person teams, create a gift of sensual pleasure to share. You'll be led (option of being blind folded) through an array of consensual experiences that each awaken a new level of trust, surrender, and loving self-acceptance. **Not to be missed!**

YOUR EXOTIC HOSTS & ENTERTAINERS



Directed by Cameo Kyle Entertainment

HOW TO MAKE THIS YOUR BEST EXPERIENCE

YET!

1. Be friendly and inclusive to everyone 😊
2. Pace your alcohol and alternate w/water
3. Use sunscreen – no matter what color you start out.
4. “YES & “NO” are complete sentences.
5. Don't use drugs in a foreign country.
6. No tipping or playing with staff. They will lose their job on the spot.
7. Ask before you touch – anyone – ever.
8. Watch a sunset and a sunrise.
9. Learn one Patois word.
10. Join in the sexy seminars – they will enrich your life forever!

HOSTS WITH THE MOST!

Entertainment Director, Sexy Hosts, Tour Guides
& Fkn Awesome people! KC, Juju & Cameo



2021 Theme

“Sexy, Doesn't Have an Expiration Date”



June 26 to July 3, 2021

Hedonism Resort
Negril, Jamaica

ExoticLifestyleRetreats.com