

Valentines Kama Sutra Intimacy Oasis Retreat

(tentative)

2022 ITINERARY

Hedonism Resort in Negril, Jamaica

w/ Dr. Nancy Sutton Pierce & Dr. Mark Pierce

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SATURDAY FEB 12th

Arrival Day –

7pm - Meet us for a Cocktail at the Main Bar

7:30pm – Group Dinner at FLAME

SUNDAY Feb 13th

11am-12pm- HEDO LIFE 101 – Navigating Hedo Culture

A must for newbies to Hedonism and/or The Lifestyle arena. What to expect, consent

2pm to 4pm- Prude Beach Pool Party - Let's get to know each other with some fun in the sun!

COUPLES CONTEST - "How well does your partner know you?"

MONDAY Feb 14th - VALENTINES DAY

11am to 12noon- OASIS #1- INTRODUCTION TO THE OASIS PRACTICE.

This is the foundation of the entire program. It sets the tone for the week and also prepares you for the dinner experience we will have this evening to celebrate Valentines.

7:30pm- OASIS #2... VALENTINES SENSUAL FOOD PLAY.

We will all meet at the Main Dining tables by the Japanese restaurant for some erotic food play experiences. "If he looks at you like you're dessert... Be Dessert!" Dr. Nan

TUESDAY Feb 15th

10am – Catamaran Cruise Option

4pm- 5pm- OASIS #3 – VULNERABILITY & INTIMACY

Communication is 80% nonverbal cues, 20%-word use and 100% listening skill. All of us need and want to feel really heard, especially by our partner. This has even more importance when we are communicating more challenging or conflicting ideas, emotions, intimate desires, and even fantasies. You will leave this practice with a sense of empowerment prepared to really hear, and feel heard by, each other in ways you may never have before.

WEDNESDAY Feb 16th

11am to 12pm- OASIS #4... SENSUAL EROTIC MAPPING & THE BIRTHRIGHT OF PLEASURE

How we like to be touched is a moving target. This fun, sexy practice is a highly valued tool to have in your intimacy-kit. Come prepared to play with your partner – bring sensate items to explore. *You will receive an item idea list in your pre-travel packet.*

THURSDAY Feb 17th

4pm to 5pm – OASIS #5... EROTIC FUN SUNSCREEN APPLICATION CLASS

Nude Beach – BYOS (Bring your own sunscreen)

FRIDAY Feb 18th

11 noon- 12:30 pm; CLOSING CIRCLE

This is a powerful closure to our week. We've bonded, shared, explored and learned together. This is a perfect chance for us all to set an intention for how to keep this feeling alive once we are back home.